

For more information

Phone Lisa Burns, LCSW

1-800 324-8387

extension 6773

or Pam Coughlin, OT

extension 6544



Bring your inner child.



<http://www.va.gov/north-florida/information.html>



Finding **fun**
in your community
and rekindling
your sense of
“Adventure”
and **“Awe”**

When was the last time you went birdwatching?



Saw the Monet painting at the Harn Museum?



Saw the alligators at Lake Alice?

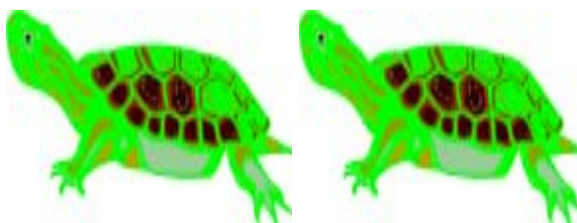


Joined a book club?



Went for a walk in the Millhopper?

Went to the Santa Fe Zoo?



We will seek out some of your favorite activities.

The group will meet for a series of **8 weeks**.

We will meet in Occupational therapy on **Thursdays from 10:30-12**.

It is easy to sign up. All you have to do is put your name and social security number on the insert in this flyer and hand it in to the mental health clinic clerk.

You will receive a letter inviting you to the beginning of the next series.

Bring your inner child.